FOR GIRLS **ABOUT GIRLS** BY GIRLS

ALL PROGRAMS ARE

**GIRLS' CENTRE** 



## **GIRLS' TALK**

Wednesdays or Thursdays | 4-6pm

A FREE mentorship program providing girls (ages 9-13) with opportunities to be creative, have fun, and connect with other girls!

In this program, you will:

- learn about self-confidence and empowerment develop new skills and knowledge
  - navigate the challenges of adolescence reduce social isolation
    - learn to make smart decisions

For more information or to register,





















